

Are you Worried about your Child?

- Are you afraid your teen or pre-teen is looking at **pornography**?
- Is your teen **distracted**?
Lost in technology?
- Does your child **isolate**?
- Do you struggle to manage your child's **anger** outbursts?
- Does your child talk in terms of "I'm not enough" or "I don't matter"?
- Is your child being **bullied** or teased?
- Do you worry that your child does not or will not fit in?
- Is your child struggling to create constructive **friendships**?
- Do they **blame you or others for their problems and frustrations**?
- Is your child struggling in school or **failing classes**?
- Does your child have self-esteem or **depression issues**?
- Are you **unsure how to connect** with or engage your child?
- Does your child seem unattached, **aloof** or unable to interact with family members or peers?
- Does your child become **frustrated or grumpy frequently**?
- Does your child **lie** frequently?
- Does your child **avoid responsibility**?
- Is your child **disrespectful** to self, parents or others?
- Is your teenager **overly concerned about their appearance**?
- Do they talk / act **lustfully** or selfishly?
- Do they speak or behave in **indecent or degrading ways about sex**?
- Are you uncomfortable with how your teenager addresses the **opposite sex**?
- Is your child struggling with **same-gender attraction issues**?
- Does your child have **anxiety**, social fears or difficulty making decisions?
- Is your child struggling to manage their **emotions in any way**?

Are you concerned about the amount of time or energy your child spends:

- Playing computer or video games
- Watching television or movies
- Using social media
- On their/your cell phone
- Taking "selfies"
- "Hanging out" with peers
- Isolating
- Texting or image messaging
- Eating and/or sleeping
- Reading fantasy / fiction

These are all signs of DISCONNECTION

These behaviors may seem harmless.

They are not.

Your child is DISCONNECTED and screaming “I need help!”

Isolation, anger, fear, addiction, obsessive-compulsive behaviors, etc. are very reasonable, commonplace attempts to assuage or medicate the pain (shame) of emotional and spiritual disconnection. They are attempts to snuff out emotion (which is so often uncomfortable), yet all attempts to avoid emotion and NOT feel will create deeper shame and disconnect. These attempts to “medicate” emotional pain (shame) are cries for help.

Every time any of us isolates, lies, keeps secrets, acts out in anger or fear or addiction, breaks our moral constitution or does anything else which violates our spirit, we feel guilt and/or shame. If your child is disconnected, they will feel shame instead of guilt, and they will continue to spiral deeper into shame until someone validates them, teaches them about shame and holds them accountable to choose different choices.

Every person on the planet needs accountability and structure around whatever areas cause them to disconnect from self, others and God or their Higher Power. Providing accurate education and rigorous accountability will support your child to reach their potential without the shackles of shame.

Support your son or daughter to re-connect to themselves, loved ones and God or a Higher Power.

You need correct information and you child needs accountability.

Let us empower you to teach your child to become:

| | | |
|----------------------|---|--------|
| Impeccably Honest |  | |
| | Rigorously Responsible | Humble |
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